

San Diego State University

OBESITY PREVENTION IN COMMUNITY RECREATION CENTERS

Fieldwork, Internship & Volunteer Opportunities

The primary aim of the Obesity Prevention in Community Recreation Centers project is to prevent obesity in 7-9 year old children by working with their families and community recreation centers to promote physical activity and healthy eating opportunities. The project will also work with pediatricians, health care providers and community health advocates.

Requirements

All positions require a minimum of 6 hours/week for a semester

Most positions require personal transportation:

- the research office is in Kearny Mesa
- recreation centers are located throughout San Diego County

Most involvement takes place M-F 2-7 and some Saturdays



“I Didn’t Know Research Could Be So Interesting!”

Opportunities:

Get involved in working with children and families in community recreation centers

Promote physical activity and healthful food opportunities for children

Create/translate fliers to promote activities to Spanish-speaking children and their families

Help recruit children and families to participate in the project

Opportunities for individuals of any experience level

Benefits

SDSU course credit available: PSY 499; ENS 398/499; CHE 497; PH 650/750; REC 284/484

Gain Experience: research; community recreation centers, children & families

Receive a thank you letter and certificate of hours completed

Build professional contacts and networks

Obtain volunteer and/or fieldwork hours

Mileage reimbursement



**If interested, call Jamie Moody at 619-594-0588
for more info. & to set up an interview.**